

Advice in your region

[England](#) | [Scotland](#) | [Wales](#) | [Northern Ireland](#) | [Ireland](#)

Get the latest NHS information and advice about coronavirus (COVID-19)

[Get tested for COVID-19](#)

[Vaccination status for travelling abroad](#)

Symptoms

Find out about the main symptoms of coronavirus and what to do if you or your child has them.

Testing

Get a test to check if you have COVID-19, find out what testing involves and understand your test result.

Self-isolation and treating symptoms

Advice for people at higher risk from coronavirus, including older people, people with health conditions and pregnant women.

People at high risk

Advice for people at higher risk from coronavirus, including older people, people with health conditions and pregnant women.

Long-term effects (long COVID)

Find out about the long-term effects coronavirus can sometimes have and what help is available.

Social distancing and changes to everyday life

Advice about avoiding close contact with other people (social distancing), looking after your wellbeing and using the NHS and other services.

Take part in research

Find out about health research studies and how you may be able to take part.

[Download the NHS COVID-19 app](#)